

Let's do Some Activities!

The activities given here have been chosen keeping inclusion in mind. These activities are such that children of various identities, abilities and personalities (active, shy) can not only participate equally but can also enjoy these to the fullest. The activities are simple and ensure that no child is left out.

Music activity

This activity can be done with a group of 15-20 students. In this activity, every student gets the chance to lead. The child who leads demonstrates an action once, and the group follows and repeats it twice or thrice. After that, another student takes the lead.

Easy/ moderate level

Students play their own beat or a rhythm pattern using claps, foot taps and vocal sounds.

Complex level

Students make their own tune for the sentence, 'I am [their name], and I love [an activity]'. For example: I am *Kamla*, and I love singing.

How does this activity address inclusion?

This activity gives every student the opportunity to lead the class. There is no right or wrong in the action a student chooses, and all the others accept and follow them.



Illustration by Shivendra Pandya

Visual arts activity

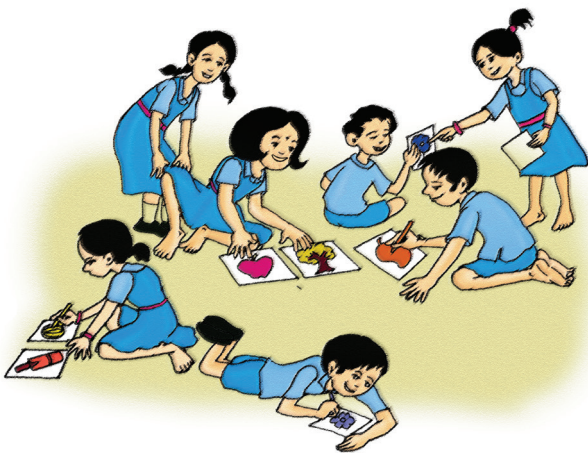


Illustration by Shivendra Pandya

This activity can be done in small groups of 5 to 6 students. Each student gets a turn to give instructions or draw something and others are given a minute to follow.

Easy level

Each student, takes a turn to think of a simple object or living being that can be visualised and names it aloud. Others in the group draw it.

Moderate level

Each student, by turns, creates a simple pattern or drawing and shows it to the others. The others have to draw it on their paper/drawing books with as close a resemblance as possible.

Complex level

Each student creates 4 to 5 flashcards with simple drawings or patterns. They keep one card and exchange the rest with

their group members. Then each of them composes a picture using the images from all the flashcards they have after the exchange.

The time limit for medium and complex levels can be slightly more than for the easy level.

How does this activity address inclusion?

Each student's idea is given a place in not just their own artwork, but also in the artwork of others. It encourages all students to accept and work with the ideas and expressions of their peer group. The activity can be adapted to mediums like clay if there are students who have visual impairment.

Depending on the needs and abilities of students, these activities can be modified. The aim is to ensure that all students participate in the activities and enjoy!

These two activities have been suggested by Malavika Rajnarayan, a visual artist and educator based in Vadodara, Gujarat. She provides support and resources for the Visual Arts and Music teachers of all Azim Premji Schools and is also a visiting faculty at Azim Premji University, Bhopal.

Musical Chairs with a twist!

Everyone, however old or young they are, loves *Musical Chairs*. Like most group games, in this too, players keep getting out until there is only one person left and that person is declared the winner.

This common game is presented here with a twist. The Japanese have been credited for this version which we can call 'Musical Chairs with a twist!'. Here is how it is played.

1. This game is played in 2 to 5 groups of 4 to 5 children each.
2. For each group, place a set of chairs in a circle facing outside. Place one less chair than the number of players – so if there are 5 players in one group, keep only 4 chairs. (In place of chairs, newspapers can be used for sitting.)
3. Play some music as the children walk around the chairs.
4. When you stop the music, each child must find a chair to sit on – they cannot go back to find a chair, only forward.
5. All children have to be seated. They have to make space for those who could not grab a seat because if any child remains standing, the whole group is out!
6. As the number of chairs is reduced, the game becomes more challenging and fun. Children begin to sit on each other's lap.
7. When only one chair remains, the group (or groups) that have accommodated their entire group on a single chair is the winner!

This activity has been suggested by Pratima Sharma, a Special Educator based in Faridabad, Haryana.

